

### **3. Ritual Hand Washing for Shabbat and Holidays**

After the Kiddush blessing and drinking of the wine, some Jews ritually wash their hands.

The custom is to use a special cup filled with water and pour the water over the right hand and then the left.

It is also the custom in many homes not to talk between the hand washing blessing and the blessing over the challah (or matzah for Pesach).

The following blessing is said before drying the hands on a towel:

Baruch Ata Adonai Elohaynu Melech Haolam, asher keedshanu b'mitzvotav v'tzivanu al netilat yadayim.

Blessed are You Adonai, Eternal One, Who has sanctified us with commandments and commanded us concerning the washing of our hands.